



# Redirecting Children's Behavior

♥♥♥ positive, passionate parenting ♥♥♥

## *Workshops*

The RCB workshops are fun, informational and are great for parents and families of all makes and ages. Each workshop is approximately one and a half hours and is full of tools and techniques that may be used immediately. Additional workshops may be created or customized to address various concerns and/or schedules. To create and customize a class that best suits your goals, please contact Kelly Soban at [kelly.rcb@att.net](mailto:kelly.rcb@att.net).

### **“No I won’t and you can’t make me!”**

#### *Effectively Handling Power Struggles*

Teach how to recognize and disengage from a power struggle and what to do to lessen them in the future.

### **“If You Don’t Stop Crying...”**

How to Handle Children’s Feelings. Show the effects of feeling stoppers and feeling encouragers and how to work with children’s feelings in each developmental stage.

### **How to Turn Terrible Two into a Terrific Two**

Learn developmental information and the mistaken goals of power and attention to make this difficult time wonderful.

### **What to do When Your Kids Drive You Crazy**

Learn some alternatives to nagging, yelling, and threatening and how to model self-control.

### **Tame Those Tantrums**

Teach the concepts of how less power means more. Teach how to diagnose tantrums and prevent them.

### **Consequences That Work**

Introduces the concepts of natural and logical consequences and how parents/teachers can effectively use them.

### **Balancing Love and Discipline**

Introduces the concept of firm and kind, unconditional love, and the value of more action and less talk.

### **Teaching Children Self-Control**

Within developmental guidelines, show how it is the parent’s/teachers’ job to assist the child in learning how to control and appropriately express their feelings and desires.

### **Tell Them What To Do, Not What To Don’t**

Teach how a small shift in speech can create more cooperative and responsible children.